Keeping Healthy Word Match Curriculum Visions

Match the word to the definition by drawing a line from one to the other.

Medicine A substance found in food that provides

a concentrated form of energy.

Blood pressure The food that you normally eat.

Fat A drug that is designed to make you

healthy.

Protein A picture designed to show the different

amounts of food we can eat for a

healthy diet.

Virus A change in some of the body's organs

as a result of an attack by a microbe

from outside the body.

Diet A substance found in food that your

body uses to build new tissues.

Food pyramid The pressure of the blood in the blood

vessels.

Disease An extremely small kind of microbe.

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