



Name: Form:

See pages 10 and 11 of *Moving and growing*

Living bones

Bones are made up of a living material, just like any other part of your body. This is how they can repair themselves when they break.

Q1. Use these words to name A, B and C on the diagram – marrow, hard bone, spongy bone.

A 

B 

C 

Q2. Why is bone like a honeycomb?

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Q3. (i) What is the substance the body uses to make bone?

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(ii) Name a food which is rich in this substance. 

Q4. What are the special cushions in joints called? 

Q5. What do ligaments do?

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Q6. Why are broken bones put in casts?

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