



Medicines

People sometimes take medicines when they are ill. But this must be done with care.

Some medicines are liquids you take from a spoon.



The body is usually very good at looking after itself. Sometimes it cannot cope with some kinds of germs and then it needs the help of medicines.

Medicines are special substances that scientists have made. They are used to help the body get over its illness.



Most medicine containers have lots of writing on them. They are the instructions for grown-ups to read.

Some medicines are tablets.
They are different sizes,
shapes and colours.



Some medicines have to be
breathed in with an inhaler.



Medicines can make people well
again, but only when they are
given in the right amount.

Taking more than the dose will
not make you get better faster.

In fact, if you have too much
you could get even more ill.
This is why a grown-up must
give you your dose of medicine.

Who do you think should give you medicine?