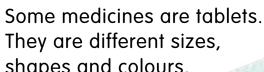


The body is usually very good at looking after itself. Sometimes it cannot cope with some kinds of germs and then it needs the help of medicines.

Medicines are special substances that scientists have made. They are used to help the body get over its illness.



Most medicine containers have lots of writing on them. They are the instructions for grown-ups to read.



shapes and colours.

Some medicines have to be breathed in with an inhaler.



protective wrapper

Medicines can make people well again, but only when they are given in the right amount.

tablet

Taking more than the dose will not make you get better faster.

In fact, if you have too much you could get even more ill. This is why a grown-up must give you your dose of medicine.

Who do you think should give you medicine?