



# Changing speed

Things can  
speed up and  
slow down.

We often change how fast we move. This is called changing speed.

If you start to run to get to a class on time you speed up.

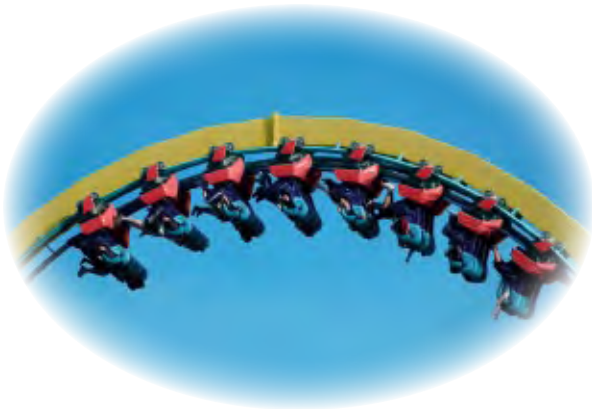
If you put on the brakes of your bicycle you slow down.

A bicycle will stop slowly if you put the brakes on gently.





You change speed all the time on a roller coaster.



As you reach the top you slow down.



As you leave the top you speed up.

**Do you speed up as you go up a roller coaster, or when you come down?**