



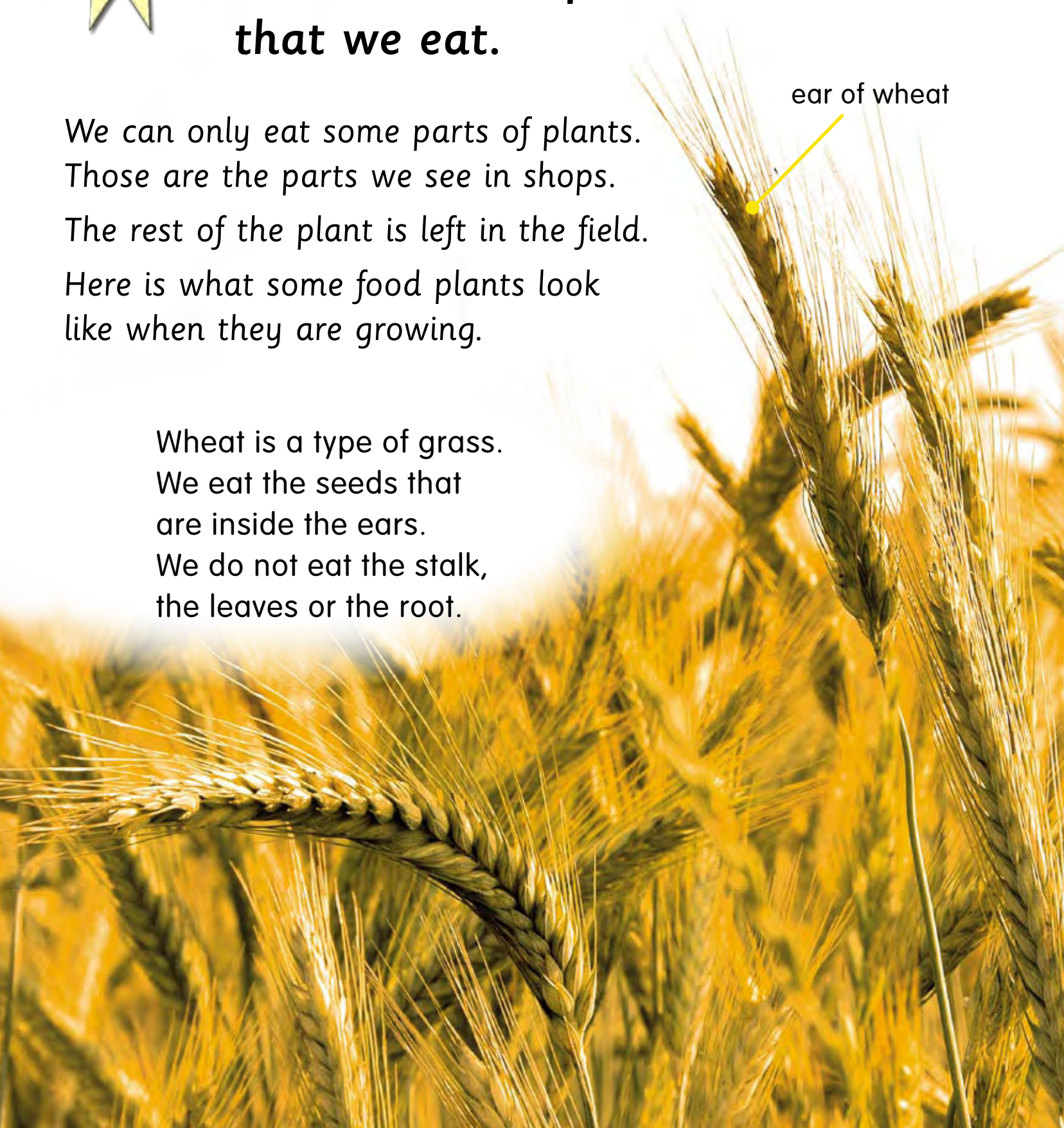
Common food plants

Here are some plants
that we eat.

We can only eat some parts of plants.
Those are the parts we see in shops.
The rest of the plant is left in the field.
Here is what some food plants look
like when they are growing.

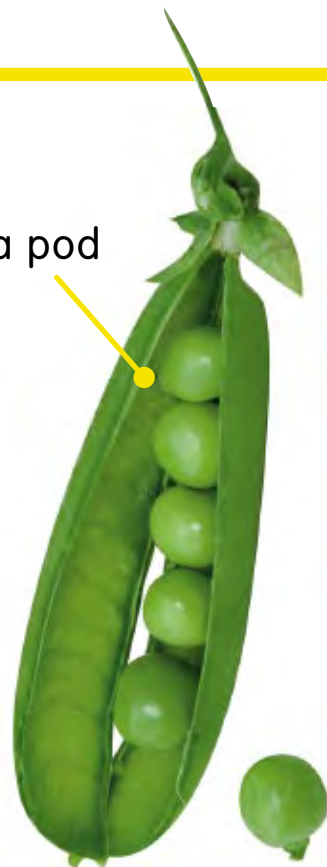
Wheat is a type of grass.
We eat the seeds that
are inside the ears.
We do not eat the stalk,
the leaves or the root.

ear of wheat





pea pod



Peas are climbing plants.
We only eat the peas inside the pods.



pumpkin pie

Pumpkins are very large vegetables.
They grow resting on the ground.
We eat the soft inside of the pumpkin.



Which part of a carrot do we eat?