



Plants are food

We grow some plants for food.



We eat many kinds of plant. Wheat is a plant that grows in a field. It is used to make bread and pasta.

Bread is made from wheat.





Here are lots more plants we eat. Most of them are vegetables. Some are fruits. They all grow in fields.



Apples are a fruit. They grow on apple trees.

A collection of vegetables.



Can you name some other plants that we eat?