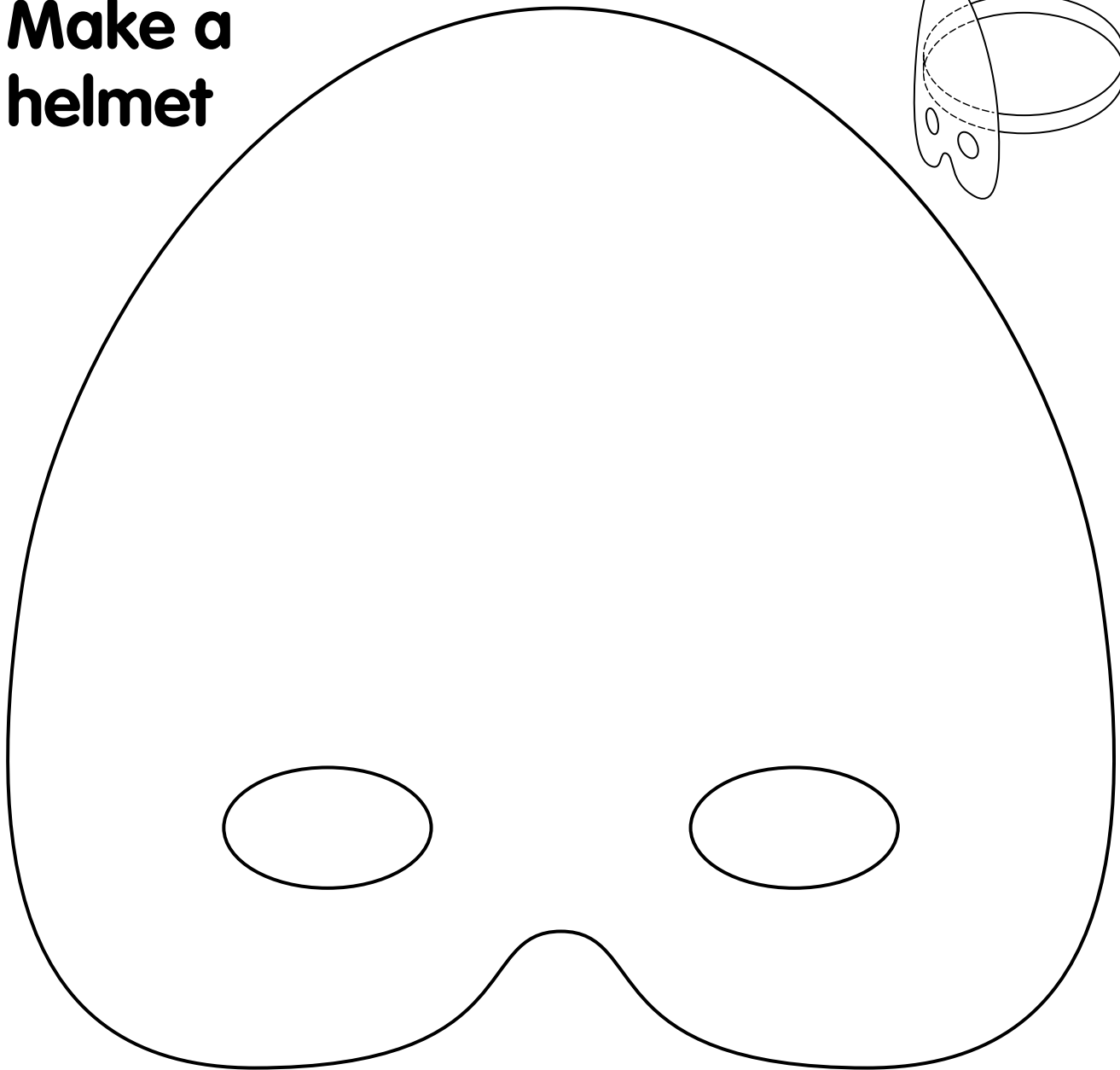
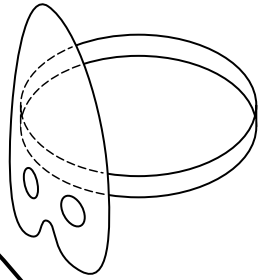


## Make a helmet



1. Make a design on this helmet.
2. Shade in the helmet grey.
3. You may wish to stick grey wool on the swirls, curves and lines in your design to make it stand out more.
4. Cut out the helmet.
5. Stick the helmet onto card and cut round its outline and eye holes.
6. Put a strip of card around your head and remove it while holding the place where it overlaps. Cut the strip so that the overlap can be stuck with sticky paper to make a ring that rests on your head.
7. Attach the front of the helmet to the cardboard strip as the diagram above shows and place the helmet on your head.
8. Make sure you can see through the holes.

# Make a helmet

## Age range

- Mainly for years 3/4 (SP4/5) but can be used with years 5/6 (SP6/7).

## Resources

Copies of the worksheets, scissors, card, long strips of card. Sources showing designs on helmets (optional for older students).

## Using the worksheet

You may like to use this activity after activity **11B** 'Viking hat', as you prepare the students to make costumes for a Viking day.

## Younger students

The students should be able to work out their own designs. They may try and make some which are fearsome if they have done the activity **15** on making a dragon head. The students will need help making the head support from the strips of cardboard and you may wish to enlist some classroom helpers for this activity.

## Outcomes

The students can:

- Make a simple piece of costume.

## Older students

The students can work on their own. They may like to look through the student book and other resources to research the designs on helmets. They should be able to help each other make the head bands to which the front of the helmet is attached.

## Outcomes

The students can:

- Make a helmet for a costume.
- Research designs and use one for their project.