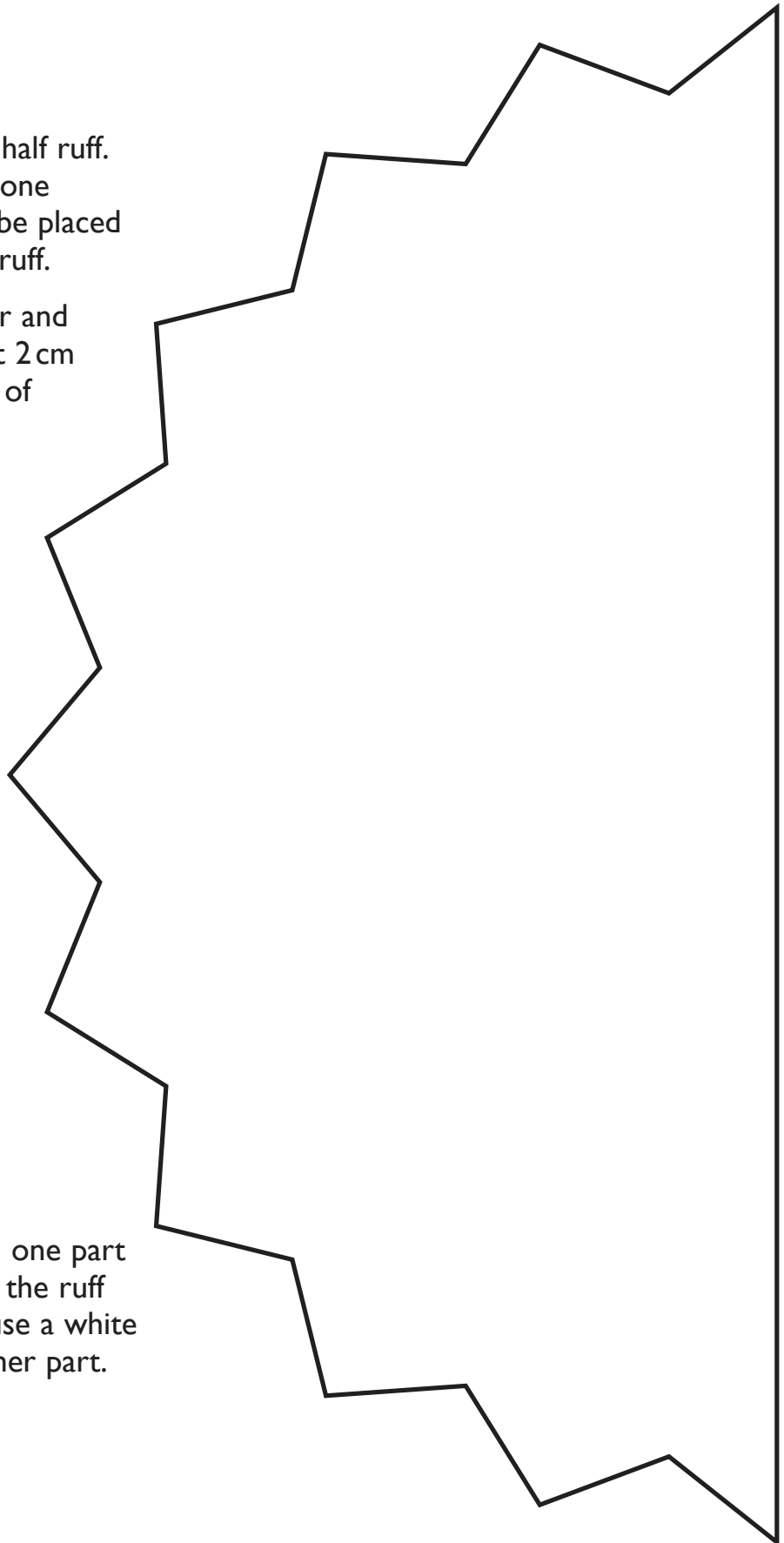


Make a ruff

1. Take two copies of this half ruff. Cut them out and turn one round so that they can be placed together to make a full ruff.
2. Take a piece of A4 paper and cut a strip from it about 2 cm wide and the full length of the sheet.
3. Wrap the strip around your neck. If you need more paper to reach right round your neck cut another strip and stick it to the first.
4. Mark the length of the strip that fits comfortably round your neck.
5. Make the strip into a circle and rest it in the centre of the ruff. Draw round the circle of paper then cut out a hemisphere from each ruff.
6. Use sticky paper to join one part of the ruff together. Put the ruff around your neck and use a white paperclip to join the other part.



Teacher's sheet

Based on pages 6 and 7 of Rich and poor in Tudor times

Make a ruff

Age range

- Years 3/4 (SP4/5).
- Years 5/6 (SP6/7).

Resources

Two photocopies of the worksheet, scissors, sticky paper, white paperclip, pencil. For older students white cards, doilies.

Using the worksheet

The ruff is a very distinctive item of Tudor clothing but it was not worn by poor people. The students can make a very simple one quite quickly in this activity and perhaps wear it for the rest of the lesson.

Younger students

Show the students how the two halves of the ruff are cut out and set up together on a table top. The students may need help in making a strip to fasten round their neck. The strip of card is really a collar so they need a little extra space for comfort. The collar is then placed in the centre of the ruff and the students lightly sketch in its position. They then discard the collar and cut around the line they have drawn in. Some students may need help joining two parts of the ruff with a paperclip.

Outcomes

The students:

- Know that the ruff was widely worn in Tudor times.
- Can make a model of a simple ruff and wear it.

Older students

When the older students have made their ruff, they could look at a range of ruffs in secondary sources. They could then design and make a more complex ruff perhaps using card and lacy paper doilies.

Outcomes

The students can:

- Make a model of a simple ruff and wear it.
- Use secondary sources to research the range of ruffs in the Tudor period.
- Design and make their own ruffs.