

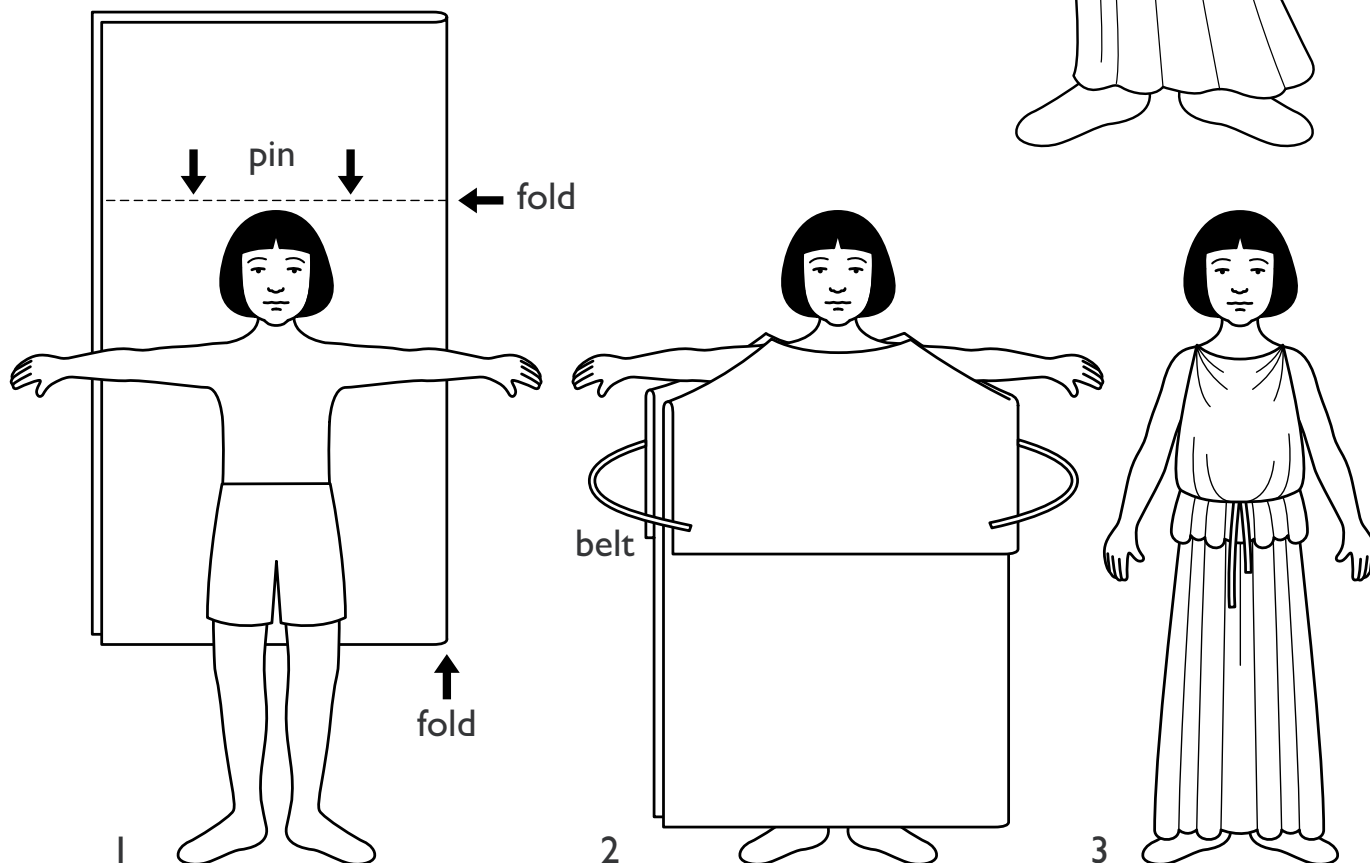
Make a peplos

A peplos was a kind of dress worn by women above the tunic (chiton). It is made here from a bed sheet and some pins.

Fold the bed sheet in half, and add safety pins at the two points shown in the diagram. Then fold the top third down over the outside to hide the pins.

Get an assistant to help put your head through the gap between the two pins, and your arm through between the fold and the second pin. Where the other arm comes out, fasten the peplos with bulldog clips or safety pins to close the gap.

Tie it all up with a belt at the waist. Pull part of the front section up and then let it fall over the belt.



Make a peplos

Background and practicalities

The peplos is a good girl's dress to make. As with the chlamys (see next spread) it can be made with a bed sheet and some safety pins or bulldog clips.

It is more complex than a chlamys and takes longer to fasten up and a bit of practice is needed. This is where some classroom assistants or some helpful mums who could come in to class for an hour or two would be most useful. They (and you) can dress up, too.

Because all of these items are made with old sheets and safety pins, it should be possible for most of the class to find the materials. Stress to parents that old, thin sheets would be better than newer ones as they will fall more easily as clothing.