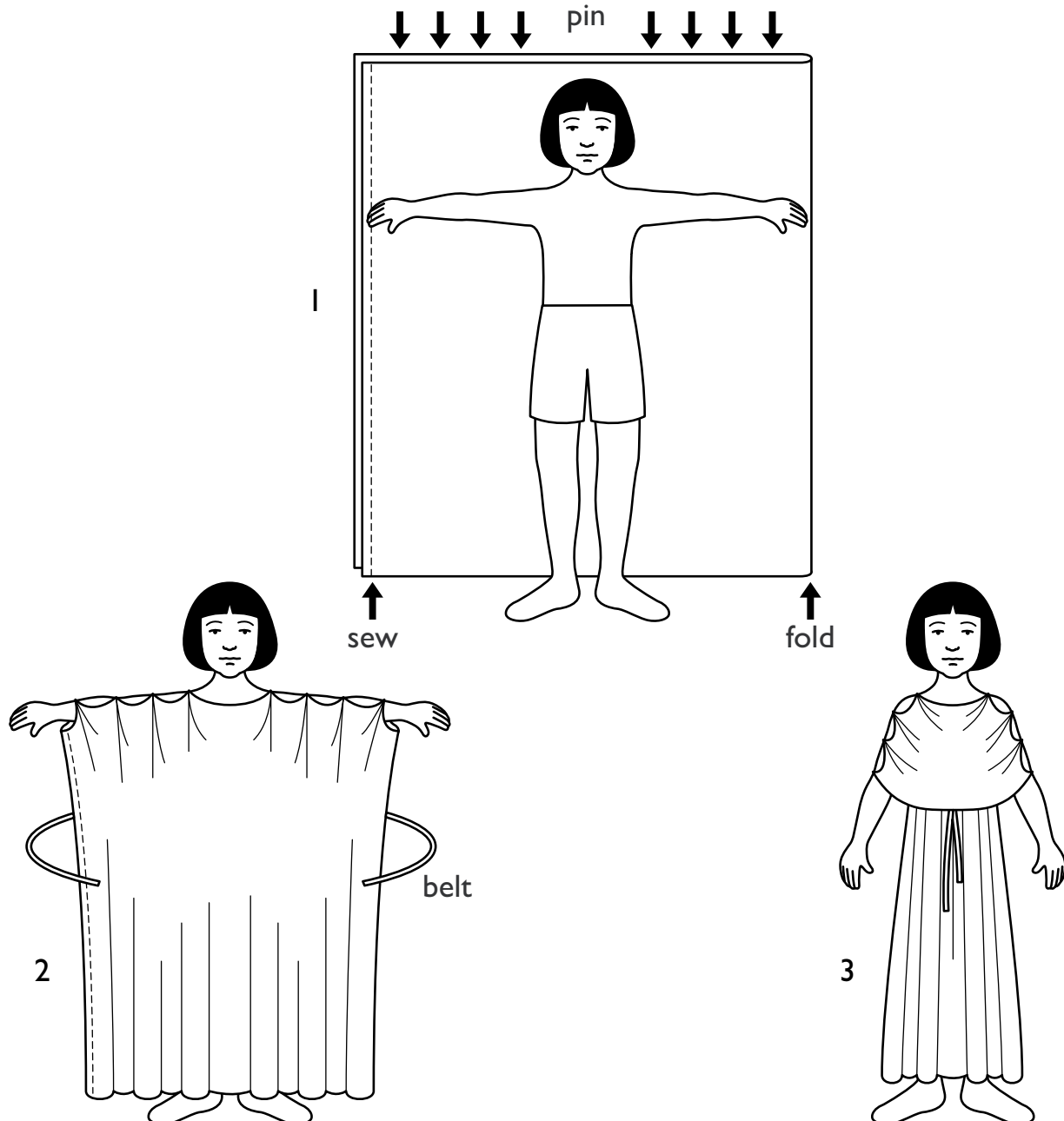


Make a chiton

The chiton was the basic tunic, worn by both men and women. It was like an overlength T-shirt, and if you have older brothers or sisters that will lend you theirs, then you can do that – provided it comes somewhere down around your knees.

Otherwise you need to make a tube of material from part of an old sheet. The top edge of the tube is fastened with safety pins, leaving a head hole. The arms come out of the ends of the top, and the whole thing can be fastened with a belt.



Make a chiton

Background and practicalities

A chiton is the basic piece of clothing, but is harder to make than the peplos or chlamys.

If you have lots of assistance, then you can get help making some, otherwise an oversize T-shirt will do, giving the chance to make a peplos for girls and chlamys for boys to go over the top and so not spend too much time on layers of clothing.

Notice in the drawing in the student book that some chitons are worn long and others worn short.