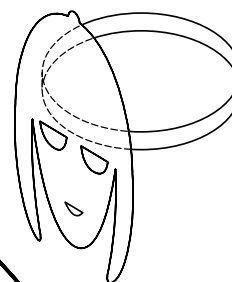
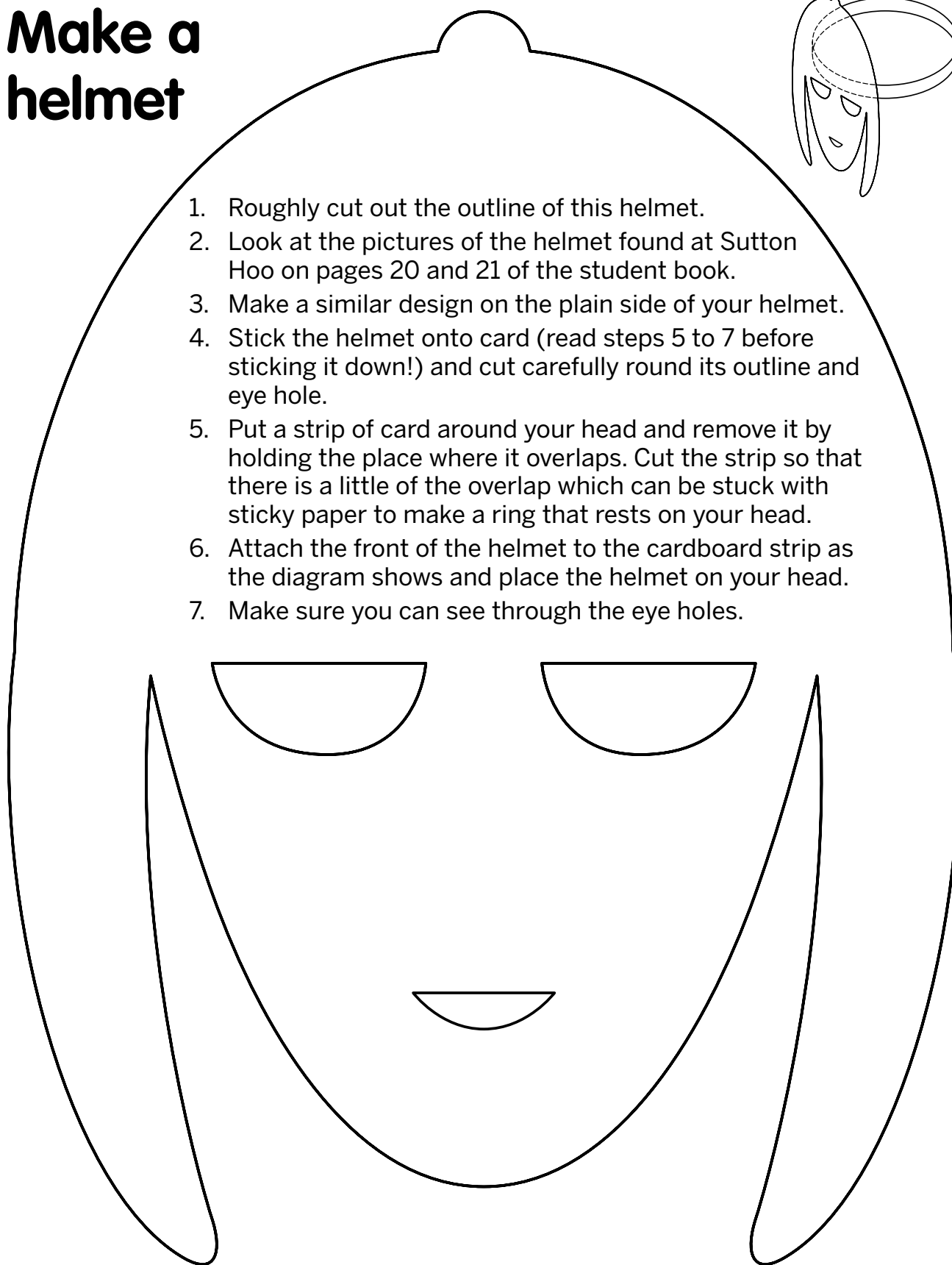


Make a helmet



1. Roughly cut out the outline of this helmet.
2. Look at the pictures of the helmet found at Sutton Hoo on pages 20 and 21 of the student book.
3. Make a similar design on the plain side of your helmet.
4. Stick the helmet onto card (read steps 5 to 7 before sticking it down!) and cut carefully round its outline and eye hole.
5. Put a strip of card around your head and remove it by holding the place where it overlaps. Cut the strip so that there is a little of the overlap which can be stuck with sticky paper to make a ring that rests on your head.
6. Attach the front of the helmet to the cardboard strip as the diagram shows and place the helmet on your head.
7. Make sure you can see through the eye holes.



Make a helmet

Age range

- Mainly for Years 3/4 (SP4/5) but could be used with Years 5/6 (SP6/7).

Resources

Copies of the worksheet (you may prefer to give the children 'clean' copies of the helmet which can be found in the beginning section of these *Teacher's Resources*), scissors, card, long strips of card. Pages 20 to 21 of the student book.

Using the worksheet

This activity is to test observational skills and see if the students can replicate a similar design on the helmet outline. They should see the bird forming the nose and the bird coming down the top of the helmet. They should also draw battle scenes in the appropriate places and use similar but simpler designs on other parts of the helmet. If the students have made a helmet as part of their work on Vikings they may like to compare the Viking helmet with the one found at Sutton Hoo.

Younger students

The students may need help in seeing the two birds. You may have to check that the battle scenes produced by the students are not too gruesome! They may need help in making the support to hold the front of the helmet on the head.

Outcomes

The students can:

- Make observations on an artefact and record them.
- Make other designs based on observations of an artefact.

Older students

The students can work on their own. They should be able to help each other make the head bands to which the front of the helmet is attached.

Outcomes

The students can:

- Make observations on an artefact and record them.
- Make other designs based on observations of an artefact.