

CurriculumVisions Lesson 2

Students: fill in next to the word answer and return the document for assessment.

Religion

Book: Buddhist Faith

Everything here is based on our Curriculum Visions book Buddhist Faith

In this segment, we are going to learn more about the Buddhist faith.

You will need to start by going to pages 4 and 5 and reading the text.

Why do Buddhist traditions and customs vary greatly from place to place?
What does not change from place to place?

Answer.....

Because Buddhism is a very personal religion.

Some common threads are the belief in the teachings of the Buddha, caring for the world around us, and tolerance of others

Read the text on pages 6 and 7 and look at the illustrations. What are the Four Noble Truths and the Eightfold Path important? What is the Triple Gem?

Answer.....

They were the first teachings of the Buddha and they show people how to find a path to reaching enlightenment, or Nirvana.

The Triple Gem is the Buddha, the dharma (the teachings of the Buddha), and the sangha (the worldwide community of Buddhist monks and nuns)

Read the text on pages 8 and 9 and look at the illustrations. Make a timeline of events in the life of the Buddha (hint: you do not need to include any dates)

Answer.....

Answers will vary, but could include:

Siddhartha Gautama is born in 566 BC

Siddhartha Gautama grows up in the palace

Siddhartha Gautama leaves the palace and sees four sights

537 BC Siddhartha Gautama leaves his home and goes to search for peace

He wanders and studies for 6 years

531 BC Siddhartha Gautama sits down under a tree and meditates for three days, after this, he is enlightened

The Buddha teaches what he has learned for 45 years

486 BC The Buddha dies

Look at the text and pictures on pages 10 and 11. What is the purpose of meditation?

Answer.....

Meditation helps people to be calm, focused and mindful.

Read the text and look at the pictures on pages 12 and 13. What is the man doing in the pictures? Why?

Answer.....

He is making prostrations to thank and show respect for the Buddha, dharma, and Sangha

Read the text and look at the pictures on pages 14 and 15. What are some of the different types of offerings made in the temple and what are the meanings of each?

Answer.....

Water: cleanliness and purity; a reminder that Buddhist teachings help to clean the mind of bad thoughts

Flowers: a reminder that nothing lasts forever

Incense: a reminder that goodness will spread upwards

Fruit: stands for enlightenment and a reminder that every action has an effect

Light: stands for the way that the light of wisdom drives away the darkness of ignorance

Read the text and look at the pictures on pages 16 and 17. In your own words, describe taking refuge

Answer.....

Sample answer: It is a form of devotion that is a mental process of accepting the Triple Gem as a guiding principle in life.

Read pages 18-21. What do you think it would be like to be a Buddhist monk or nun?

Answer.....

Students own answers.

Read pages 22 and 23. What is a sutra? Who wrote the Buddhist scriptures?

Answer.....

A sutra is a lesson in a Buddhist scripture.

Buddhist scriptures were written by disciples of the Buddha, and by other learned Buddhists.

Read about the symbols on pages 24 and 25. Choose one of the mudras and draw a picture of it, then write about its meaning. You can also research other mudras.

Answer.....

Answers will vary.

Conduct some research about a Buddhist symbol. Make a poster showing what you have found. (Hint: some types of symbols are – statues or pictures of the Buddha, stupas, wheel of life, elephant, umbrella, conch shell, lotus flower, zen gardens)

Answer.....

Students own work.

Read the text and look at the pictures on pages 28 and 29. Describe some of the ways that Buddhist festivals are celebrated.

Answer.....

By going to the temple or monastery, offering food to the monks, listening to a talk on dharma, distributing food to the poor, walking around a stupa, chanting, meditation, candle lit procession

That is the end of this worksheet. Find out if your teacher has left you any other worksheets or special instructions on your school website.

If you interested in this topic you may want to see related books. If so just go to the top of the screen, select religion, and from the page that opens choose Islam or type a topic into our safe search engine.